

5K Run/Walk

Little Sioux Summer Festival Cherokee, Iowa

Date: Saturday, July 3, 2010

Race Time: 8:30 AM

Registration: 7:30—8:15 AM

- No pre-registration required, but please e-mail us if you are planning to participate at info@cherokeeiowachamber.com
- Water available at mile markers
- \$5 entry fee payable day of the race
- T-Shirts to overall male and female winners
- Door Prizes

The race will take place on the scenic Cherokee Mental Health Institute, 1200 West Cedar Street. The course is gently rolling 8' gravel loop with a concrete 1/8 mile start and finish.

For more information call:

Cherokee Chamber of Commerce—712-225-6414



After the race, join us in the park for:

- Children's Games
- Farmer's Market
- Food Vendors
- Art Booths
- Disc Golf
- Car Show
- Music
- BBQ Pulled Pork meal at 5:00 PM
- Street Dance at 8:00 PM with *Something Underground*



Please bring your entry form with you on race day.

Cherokee Chamber of Commerce
416 West Main Street
Cherokee, IA 51012

www.cherokeeiowachamber.com

info@cherokeeiowachamber.com

Name _____

Address _____

Phone _____

Sex _____ Age on race day _____

Waiver: By participating in the Little Sioux Summer Festival 5K Run/Walk, I hereby release the Cherokee Chamber of Commerce, its employees, volunteers, and officers from any liability now or in the future for injury or medical conditions that I may obtain from participating in this event.

Signature _____ Date _____

Signature of parent or guardian if under 18 years of age. _____ Date _____